

COURSE CONTENT OVERVIEW

Epilepsy Awareness



This Epilepsy Awareness training course will help you to understand what epilepsy is and how to recognise its symptoms and causes. It outlines the relevant legislation and teaches you how to respond appropriately to seizures in children and young people.

The course contains downloadable resources to help record seizures and identify triggers, as well as teaching you about the impact that epilepsy can have on development and functioning and how you can support those with the condition.

Module 1: Introduction to Epilepsy

This module introduces you to epilepsy, including the correct terminology, causes and the different types. You will learn about the stigma and myths surrounding epilepsy, as well as the laws that cover children with medical conditions.

- What is epilepsy?
- Epilepsy in children and young people
- Causes of epilepsy
- Epilepsy terminology
- Types of epilepsy
- Fighting stigma
- Epilepsy and the law

Module 2: Understanding Epilepsy and Seizures

This module covers the different types of seizures and the effects they can have. You will learn about the common triggers of seizures and how to recognise when a child or young person is having one.

- Types of seizures
- Triggers of seizures
- Symptoms
- Diagnosis
- Treatment

Module 3: Providing Support During a Seizure

This module explores how you can respond when a child or young person is having a seizure, including how to recognise an emergency situation. It also outlines the different responses for the different types of seizures.

- How to respond to a seizure
- How to recognise an emergency situation
- Recording a seizure
- Support after the event

Module 4: Impact on Development and Functioning

In this module, you will look at some of the ways epilepsy affects cognitive and behavioural functions and abilities, how these issues may present themselves and some techniques that can be used to help support those with difficulties.

- Learning difficulties
- Memory
- Processing difficulties
- Effects of medication
- Injuries and falls
- Sleep
- Mood and behaviour

Module 5: Supporting Those with Epilepsy

This module looks at various types of support, such as how to discuss an epilepsy diagnosis with peers, what types of care and support plans are required and how risks can be identified and managed.

- Talking about epilepsy
- Managing risks
- Risk assessments
- Individual healthcare plans (IHPs)
- Education, health and care plans (EHCPs)
- Working together

Module 6: Course Resources

This short module acts as a reminder of the downloads and links mentioned throughout the course, should you wish to revisit them.

Aims of the training

By the end of this course, you will:

- Understand what epilepsy is and how to recognise its signs and symptoms.
- Be aware of potential triggers of epilepsy and seizures.
- Know how to provide support during a seizure.
- Understand the impact of epilepsy on development and functioning.
- Be aware of relevant legislation and have an understanding of the associated legal responsibilities.