

COURSE CONTENT OVERVIEW

# COSHH Training for Cleaners



When carrying out cleaning activities, it's essential to ensure that all hazardous substances are handled safely and in line with legal requirements.

This COSHH Training for Cleaners course will provide you with the knowledge needed to carry out cleaning responsibilities safely and in line with the Control of Substances Hazardous to Health (COSHH) Regulations. It covers key topics including risk assessments, identifying hazardous substances, and eliminating or controlling the risks. You will also learn about the types of control measures that your employer may implement for your work activities and how to carry out your duties safely.

#### **Module One: Hazardous Substances at Work**

This module introduces what hazardous substances are and the legal obligations on duty holders and workers under the COSHH Regulations. It explains the ways in which hazardous substances can enter the body and the potential ill-health impacts that this can cause.

- What is a hazardous substance?
- Legal requirements
- What are the COSHH Regulations?
- Who has duties under COSHH?
- Other duties under the COSHH Regulations
- COSHH Approved Code of Practice (ACOP)
- Why is COSHH important?
- Routes of entry
- Ill-health impacts

#### **Module Two: COSHH Requirements for Risk Assessments**

This module explains what a suitable and sufficient risk assessment is. It explains how to identify and control risks, and how to follow control measures and procedures put in place by duty holders.

- Key concepts
- Legal requirements and risk assessments
- What is a risk assessment?
- Risk assessments and COSHH
- Who should carry out a risk assessment?
- Identifying the hazards
- Determining who may be harmed and how
- Evaluating the risks and implementing controls
- Recording risk assessment findings
- Reviewing and updating the assessment

#### **Module Three: Identifying Hazardous Substances Used in Cleaning**

This module describes the labelling and packaging requirements for hazardous substances, as required under the GB Classification, Labelling, and Packaging Regulations (GB CLP). It explains what safety data sheets are and the information they must contain within them.

- Hazard labelling and packaging
- GB CLP hazard symbols
- Chemical labelling
- Safety data sheets

#### **Module Four: COSHH Control Measures**

This module covers a range of control measures that can be used to minimise the risks of hazardous substances and how they must be followed. It also explains the legal duty employers have to carry out exposure monitoring, health surveillance and provide personal protective equipment (PPE) where deemed necessary.

- Preventing risks
- Selecting control measures
- Engineering controls
- Safe systems of work
- Storage, transport, and handling
- Workplace exposure limits (WELs)
- Health surveillance
- Personal protective equipment (PPE)
- Respiratory protective equipment (RPE)
- Emergency procedures

## Aims of the training

By the end of this course, you will understand:

- The Control of Substances Hazardous to Health (COSHH) Regulations and what they require duty holders to do.
- What hazardous substances are and how they affect health and safety and cause ill-health impacts.
- How a COSHH risk assessment is carried out.
- How to identify products that are hazardous substances and what their labelling and safety data sheets should cover.
- The safety measures that your employer will put in place to control hazardous substances and how to follow them.
- What you should do to follow safety procedures.
- The importance of health surveillance for employees who work with certain hazardous substances.