

COURSE CONTENT OVERVIEW

Control of Substances Hazardous to Health (COSHH)

This COSHH training course will give you the confidence to work safely with hazardous substances, whether you're an employer, self-employed or an employee.

By taking this training, you'll develop a strong foundational knowledge of hazardous substances, who can be affected by them and how they can harm you. You'll also learn about the various control measures that can be taken to keep everyone safe at work.

Module 1: The Risks of Hazardous Substances

This module outlines what hazardous substances are, how they can harm you and what you can do to keep yourself safe. It also includes an option to view content on duties under COSHH, the hierarchy of control and risk assessments if it's relevant to your role.

- What are hazardous substances?
- Case studies
- Harm from exposure
- Routes of entry
- How can you be harmed?
- Keeping yourself safe
- Duties under COSHH
- Hierarchy of control
- Risk assessments

Module 2: Implementing Control Measures

This module explains how control measures can be used to minimise the risks of working with hazardous substances.

- Protective equipment
- Hazard labelling and packaging
- Safety Data Sheets
- Storage, transport, handling and use
- Accidents, incidents and emergencies

Aims of the training

By the end of this course, learners will be able to:

- Identify hazardous substances in their workplace.
- Explain the risks and the ill health effects that hazardous substances can cause.
- Outline their responsibilities for working safely with hazardous substances.
- Understand Safety Data Sheets and COSHH risk assessments.
- Follow the safety procedures and control measures in their workplace.